If a member of your group is in need of help or knows someone in need of help, these resources may assist you in guiding them.

Substance Abuse and Mental Health Services Administration
http://store.samhsa.gov/home

The Partnership at DrugFree.Org
www.drugfree.org

Alcoholics Anonymous and Al-Anon Teens
www.al-anon.alateen.org/

American Foundation for Suicide Prevention
www.spanusa.org

Yellow Ribbon – Teen Suicide Prevention
www.yellowribbon.org/
Hotline: 1-800-273-TALK – 1-800-273-8255

Use the lines below to list some local rehab and help centers and their websites and phone numbers to give to members of your group who need them.

Name: _____________________________________________________________________________________________________________
Phone: _____________________________________________________________________________________________________________
Website: ___________________________________________________________________________________________________________

Name: _____________________________________________________________________________________________________________
Phone: _____________________________________________________________________________________________________________
Website: ___________________________________________________________________________________________________________

Name: _____________________________________________________________________________________________________________
Phone: _____________________________________________________________________________________________________________
Website: ___________________________________________________________________________________________________________

Name: _____________________________________________________________________________________________________________
Phone: _____________________________________________________________________________________________________________
Website: ___________________________________________________________________________________________________________